



ENGAGING ADOLESCENTS

A THREE SESSION COURSE FOR PARENTS



Begins Thursday 17 October 2013 at GRC Penshurst Girls Campus

WHEN: Thursday 17 October, 24 October and 31 October 2013

TIME: 6pm to 8pm

WHERE: GRC Penshurst Girls Campus, Common Room

COST: \$10-00 for course workbook only - the course itself is FREE
Tea and coffee provided

TOPICS:

- Understanding adolescence: A time of reconstructions, redeveloping social landscapes, brain snaps and body make-overs.
- Understand your job as parent of a teenager – observer, advisor, negotiator, director?
- Asking the question – Is it serious? What's worth reacting to and what's not...
- How to hold the difficult conversations more successfully.

Who's running it? Elizabeth Finn (School Counsellor) and Robyn Watkins (District Guidance Officer and School Counsellor Georges River College Oatley Senior Campus)

To register, please email Penshurstg-h.school@det.nsw.edu.au or phone 9580 3141 with the following information:

Name (both parents may attend and use the same workbook, so it's only \$10-00 for the two of you!), mobile phone number and students name/s.

Pay the \$10-00 to the Front Office at your earliest convenience before 17 October 2013.